MANY GIRLS FACE SERIOUS RISKS, BUT THEY DON’T HAVE TO. YOU CAN CHANGE THE STORY.

IN 2019, AFG’S SHELTER PROVIDED 8,964 NIGHTS OF CARE TO 172 HOMELESS GIRLS AND YOUNG WOMEN, AND THEIR CHILDREN.

When a girl or young woman becomes homeless, every moment she spends on the street increases her risk for exploitation and trafficking. Reaching her quickly is critical for her safety. Often, Alternatives For Girls is her only lifeline.
Who we serve

We meet girls and young women where they are. At Alternatives For Girls, they can access safe shelter, crisis support, and so much more. With this support, girls can stay out of harm’s way, succeed in school, graduate, and become community leaders. Most importantly, they have a safe place to learn and grow.
OUR MISSION:
Founded in 1987, Alternatives For Girls (AFG) helps homeless and high-risk girls and young women avoid violence, teen pregnancy and exploitation; and helps them explore and access the support, resources and opportunities necessary to be safe, to grow strong and to make positive choices in their lives.

Dear Friends,

Alternatives For Girls is pleased to present our annual report for the ‘18 – ’19 year. We are grateful to be able to celebrate the impact of our work, together, again in changed lives. Every day at Alternatives For Girls, the life trajectories of girls and women we serve are lifted up by their hard work — supported, guided, and sustained by the investment of our generous supporters and partners, alongside our staff and volunteers.

Without your support, none of this would be possible. This year, you have helped thousands of girls and young women leave behind homelessness, violence, and exploitation, and choose steps toward a hopeful path. You have helped them find safe housing, graduate from high school, and access a whole new world of possibilities. We served 6,527 girls and women this year, along with their families. The outcomes are measurable. In terms of improved grades and school attendance; high school gradua- tions, college enrollment, safe housing, jobs and launched careers, safety from violence, escapes from sex trafficking, healthy and thriving infants, children, teens, young women, and adults; you’ve told the story in numbers throughout this report. The full impact, however, reverberating through families, neighborhoods, communities, and generations, is beyond measure.

Over the past year, we have found great success with our new, innovative “Rapid Rehousing” project, transforming homeless youths into stable and supported housing, and surrounding them with intensive services to ensure that they are able to find and keep sustainable employment; this project is the first of its kind in the region. OurAsset-Building Project for Education and Opportunity enabled 96 young women to save money for college, go on nine local and out-of-state college tours, work with school-focused mentors to plan and excel in their academic journeys, and learn about career opportunities. We’ve continued our five-year, ground-breaking federal research program helping middle and high school girls make safe and positive choices, with strong outcomes. We’ve engaged eight participants, many of them survivors of sex work and trafficking, in our social enterprise where they are learning marketable sewing and entrepreneurial skills, while earning a wage. We’ve continued to support victims of human trafficking by expanding our street outreach services and participating in sting operations as victim advocates to ensure the safety and recovery of trafficking survivors. We’ve recruited, trained, and hired 20 youth Peer Educators, themselves having participated in risky behaviors, and empowered them to help their peers to learn about and pursue safe and healthy choices.

In the following pages, you will see the impact of your support through the annual statistics that reflect the work we do every day, as well as the latest chapter in the financial story of the agency. Thank you for your support in ways both big and small this past year. Your gifts of time, talent, and treasure have made a lasting impact — from mentoring a girl who is preparing for college, to donating clothing for a young woman looking for a fresh start, to sharing our story with your friends and family, and everything in between. We appreciate all that you do and are grateful for this opportunity to report back the impact your investments have made, and the achievements of the girls and young women we serve.

Amy L. Good
Amantha (Amy) L. Good, CEO

Christine M. Moore
Christine Moore, Board Chair

RECENT PROGRAM HIGHLIGHTS:
THE AFG PREVENTION PROGRAM: Works with girls ages 10-19 at risk of teen pregnancy, gang involvement, abusing drugs or alcohol and school truancy. Last year:
- For the 19th year in a row, 100% (2/2) of the high school seniors in AFG’s Prevention Program graduated from high school.
- 91 out of 36 of participants in the Asset-Building Project increased their GPA by 5 or maintained a 3.0 or higher GPA.
- 100% (56/56) of participants in the Rise N’ Shine Summer Program participated in STEAM-focused workshops.

THE AFG SHELTER: Provides a safe, temporary home, case management, and counseling to homeless girls and young women aged 15-21 and helps them acquire the skills they need to lead independent, productive and fulfilling lives. Last year:
- The AFG Shelter provided 8,964 nights of care to 172 homeless girls and young women and their children.
- 76% (34/46) of the girls and young women in the Transition to Independent Living Program were either enrolled in school, working, or both.
- 100% (32/32) of AFG Aftercare participants reside in safe and stable housing.
- Rapid Rehousing Program: A total of 41 girls and young women were provided RH services which exceeded the grant requirement to serve a total of 20.

THE AFG OUTREACH PROGRAM: Helps teens and women engaging in high-risk activities to understand those risks and transition to safe choices and healthy lives. Last year:
- 100% (10/10) of participants (of six months or more) in our support groups for survivors of sex work/sex trafficking, made significant progress towards or completed goals of recovery, employment, and/or housing.
- Our Crisis Resource Center was open for 2,673 hours. During this time, 1,708 individuals were connected to services at AFG, or they were referred to additional homeless shelters, after-school programs, and health care services.
- 100% of participants found via street outreach who received case management, group services, training and participated with AFG for more than six months, have reduced harmful behaviors and are transitioning towards stable housing and employment.
- Employed 29 girls for the summer, where they developed resumes, gained hands-on networking, financial education and interviewing experience, and two girls received internship opportunities.
- Fifteen youth earned at least 10 community service hours.
- 100% (20/20) of high-risk girls and young women avoided teen pregnancy.
- All 20 Peer Educators are trained in Sex Trafficking, Safe Sex, Bullying Prevention, Youth Leadership and Youth Outreach.

SEW GREAT DETROIT
- Since 2014, the number of committed volunteers has grown from three to our current group of eleven (two knitting, and nine sewing participants).
- Sew Great Detroit has had 35 participants since 2014. 31 in the sewing program and 15-20 in the knitting program (at least 15 participated in open knitting sessions).
- Of the 31 Sew Great Detroit seamstresses, 14 women achieved performance benchmarks to earn their own sewing machines and sewing supplies (this takes two to three months). Thirteen women participated six months or more. Two of our current seamstresses will celebrate their two-year anniversary in February. There are currently five knitters, and at least 15 women have joined the open knitting sessions which offer free instruction and materials. Knitters who achieve competency benchmarks can qualify to knit Sew Great Detroit portfolio items.
“AFG has helped me on so many levels. From helping me improve my confidence, to helping my family when we needed extra support. AFG has been one of my biggest support systems.”

CHRISTINA

AFG’s Prevention Program serves girls, aged 10-19, who are at risk of pregnancy, gang involvement, abusing drugs or alcohol, and school truancy. Finding self-esteem, improving a grade-point average, rejecting drugs and alcohol, learning about pregnancy prevention, connecting with a mentor, discovering untapped talents — these are some of the experiences girls have when they take part in AFG’s Prevention Programming. These experiences can happen during the course of the school year through our Afterschool Program, through our Rise-N-Shine Summer Program or across the span of several years — with our Asset Building Program. Girls build character on a foundation of positive choices as they mature from 10 to 19 years.

AFG PREVENTION PROGRAM

FOR THE 19TH YEAR IN A ROW, 100% OF THE HIGH SCHOOL SENIORS IN AFG’S PREVENTION PROGRAM GRADUATED FROM HIGH SCHOOL.
HISTORY

The inspiration for Alternatives For Girls came in 1985 when a group of southwest Detroit residents, clergy and business people began to share concerns about the alarming increase in drug use, homelessness, prostitution and street activity among girls and young women. Originally a small, volunteer-run program, operating a five-bed emergency shelter in a neighborhood church, AFG has evolved into a multi-service agency with over 60 employees. It is housed in a two-story brick building constructed in 2002.

New ideas, new paths, and new people emerge from the AFG Shelter. It is a place where homeless girls and young women (15-21 years old) who have faced tremendous obstacles and found themselves without a home or a family to provide for them, learn to discover abilities and callings that lead them toward meaningful careers and productive lives. It all begins with finishing diplomas and advancing toward degrees, developing a strong work ethic, becoming good mothers (for those who are pregnant or parenting), acquiring financial literacy, learning cooperation and respect for others, and fostering the growth of self-esteem. Participants redefine themselves and reshape their futures.

“While at AFG, I learned how to budget and save money, prepare for interviews, and learn important parenting skills. With this support, I was able to find a job and move into my own apartment.”

ANDREA

AFG SHELTER/TRANSITION TO INDEPENDENT LIVING
“AFG has given me the skills I need to become a leader and a passion to help others. I was excited to become a Peer Educator because it opened my eyes to what I can do to change my community by being a leader.”

- CHELSEA

AFG’s Outreach and Education Services program helps teens and women engaged in high-risk activities, such as sex trafficking, drug use and gang involvement, understand the risks of such activities and transition to safe choices and healthy lives.

AFG Outreach serves as a lifeline to many young and adult women seeking to remove themselves from situations and activities that threaten their well-being, their futures, and their lives. Staff and volunteers encounter girls and women on the streets, in all seasons, during daylight and after dark, providing harm-reduction kits, referrals, and direct services — links to life-saving and support services. Street Outreach offers compassion and safe alternatives to those involved in sex work or are victims of human trafficking, creating hope that tomorrow will be better.

Peer Education is a youth leadership program that trains at-risk youth to reach out to other at-risk youth in the community. Teams focus on topics like healthy relationships, HIV, homelessness, internet bullying, and making positive life choices.
## ALTERNATIVES FOR GIRLS FINANCIALS

### STATEMENT OF ACTIVITIES
FOR THE YEAR ENDED SEPTEMBER 30, 2019

Changes in Net Assets without Donor Restrictions:

<table>
<thead>
<tr>
<th>Revenue and Gains:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants</td>
<td>$2,789,704</td>
</tr>
<tr>
<td>Contributions</td>
<td>$660,882</td>
</tr>
<tr>
<td>Special events (net of direct expenses of $85,418)</td>
<td>$204,827</td>
</tr>
<tr>
<td>Donated assets and goods</td>
<td>$257,548</td>
</tr>
<tr>
<td>Investment and other income</td>
<td>$57,905</td>
</tr>
<tr>
<td>Net realized and unrealized gains on investments</td>
<td>$11,438</td>
</tr>
<tr>
<td><strong>Total Revenue and Gains (without Donor Restrictions)</strong></td>
<td>$3,982,304</td>
</tr>
</tbody>
</table>

Net assets released from restrictions: $577,464

**Total Revenue, Gains and Other Support (without Donor Restrictions):** $4,559,768

### STATEMENT OF FINANCIAL POSITION
AS OF SEPTEMBER 30, 2019

**ASSETS**

**Current Assets:**
- Cash and Cash Equivalents: $105,095
- Grants Receivable (net of allowance considered necessary): $699,246
- Pledges receivable (net of allowance of $8,452): $153,666
- Prepaid expenses: $274,163

**Total Current Assets:** $1,232,169

**Other Assets:**
- Cash and Investments held in endowment and designated funds: $1,586,158
- Fixed assets (net of accumulated depreciation): $2,348,514

**Total Other Assets:** $3,934,672

**Total Assets:** $5,166,841

**LIABILITIES AND NET ASSETS**

**Current Liabilities:**
- Accounts Payable: $61,298
- Accrued Payroll and Related Liabilities: $114,578
- Accrued Compensated Absences: $119,547
- Deferred Grants: $226,080
- Lease Payable - current portion: $7,260

**Total Current Liabilities:** $528,763

**Long-Term Liabilities:**
- Lease Payable (net of current portion): $3,305

**Total Liabilities:** $532,068

**Net Assets**
- Net assets without donor restrictions:
  - Designated: $1,586,158
  - Undesignated: $2,470,907

**Total Net Assets without Donor Restrictions:** $4,057,065

**Net Assets with donor restrictions:** $577,708

**Total Net Assets:** $4,634,773

**Total Liabilities and Net Assets:** $5,166,841

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"You can change the story for at-risk girls and young women today. Through volunteering, donating, or helping to spread the word, you will make a real difference. For more information regarding volunteer or other opportunities, please email Jessica Pate at volunteering@alternativesforgirls.org"
$2,491,000

Miguel E. Antonia
Lorena

Tomatoes

Rock

Ryland

Elizabeth

Jordyn

Levine

Metro

Signatures

Sisters of Mercy

Maryann

Heather

Sister

Sisters

Sister

Mae

Oakland

Avery

Jennifer

Mary

Sister

Rosina

Rosina

Rosalie

Rosa

Rally

Randy

Rick

Richard

Rich

Renee

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HONOR ROLL FOR GIFTS RECEIVED FROM 10/1/2018-9/30/2019 (CONTINUED)

Annuity Investors Life Insurance
Diane Andreassi

A Heart for His Girls
Abbott Nicholson PC
Julia Ahner

Abba

2941.1

Society of Christian Service

of Detroit Mercy

Abigael Adam

of the Michigan Division

Ben and Carol Hylkema

Auburn

of Detroit Mercy

"Is this really happening?"

""
CONTACT US
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dbarrack@alternativesforgirls.org